

# UV irradiation-induced zinc dissociation from commercial zinc oxide sunscreen and its action in human epidermal keratinocytes

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## Summary

Zinc oxide (ZnO) is an active ingredient in sunscreen owing to its properties of broadly filtering the ultraviolet (UV) light spectrum and it is used to protect against the carcinogenic and photodamaging effects of solar radiation on the skin. This study investigated the dissociation of zinc ( $Zn^{2+}$ ) from ZnO in commercial sunscreens under ultraviolet type B light (UVB) irradiation and assessed the cytotoxicity of  $Zn^{2+}$  accumulation in human epidermal keratinocytes (HEK). Using  $Zn^{2+}$  fluorescent microscopy, we observed a significant increase in  $Zn^{2+}$  when ZnO sunscreens were irradiated by UVB light. The amount of  $Zn^{2+}$  increase was dependent on both the irradiation intensity as well as on the ZnO concentration. A reduction in cell viability as a function of ZnO concentration was observed with cytotoxic assays. In a real-time cytotoxicity assay using propidium iodide, the treatment of UVB-irradiated ZnO sunscreen caused a late- or delayed-type cytotoxicity in HEK. The addition of a  $Zn^{2+}$  chelator provided a protective effect against cellular death in all assays. Furthermore,  $Zn^{2+}$  was found to induce the production of reactive oxygen species (ROS) in HEK. Our data suggest that UVB irradiation produces an increase in  $Zn^{2+}$  dissociation in ZnO sunscreen and, consequently, the accumulation of free or labile  $Zn^{2+}$  from sunscreen causes cytotoxicity and oxidative stress.

*Keywords:* sunscreens, UV damage, zinc

## Introduction

Prolonged human exposure to solar ultraviolet (UV) radiation results in sunburn and increases the potential for carcinogenicity and premature aging effects on the skin.<sup>1–4</sup> As an FDA-approved active ingredient in sunscreen,<sup>5</sup> ZnO offers superior protection for human skin against the full spectrum of ultraviolet light, including UVA1, UVA2, as well as ultraviolet type B

light (UVB) wavelengths. However, little is known about the potential long-term effects of their usage. Sunscreen use itself may be associated with adverse effects.<sup>6</sup> In particular, some sunscreen ingredients such as metal oxides may be associated with the generation of harmful reactive oxygen species (ROS) in skin.<sup>7,8</sup>

The cytotoxic effect of ZnO and its ability to induce cell apoptosis have been studied in a variety of cell types.<sup>9–16</sup> It has been speculated that the mechanism of ZnO-induced cytotoxicity involves the production of ROS, which contributes to the apoptotic effect of ZnO.<sup>17</sup> Additionally, the cytotoxic effect of  $Zn^{2+}$  is also reported in other zinc compounds such as  $ZnCl_2$ . Once dissociated

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from its parent compound, the rise of intracellular  $Zn^{2+}$  was shown to disrupt mitochondrial function and induce the apoptotic pathway at lower concentrations, while resulting in cellular necrosis at higher concentrations.<sup>17–24</sup>

There is considerable concern as to the stability of ZnO under UV irradiation.<sup>17,25–29</sup> Under UV irradiation, the concentration of  $Zn^{2+}$  ions in solution resulting from the photodecomposition of ZnO increases with increasing doses of irradiation.<sup>30</sup> Thus, UV irradiation facilitates photodecomposition or photoreaction throughout the duration of sunscreen use. However, there is little information available regarding the effects of irradiation on  $Zn^{2+}$  dissociation in ZnO sunscreen, and to date there is no information about the cytotoxic effect of dissociated  $Zn^{2+}$  in ZnO-containing sunscreens. The purpose of this study was therefore to investigate the  $Zn^{2+}$  dissociation in ZnO sunscreen upon UVB irradiation. The amount of  $Zn^{2+}$  release was characterized with fluorescent  $Zn^{2+}$  indicators using fluorescence microscopy. In addition, the cytotoxicity of the released  $Zn^{2+}$  in human epidermal keratinocytes (HEK) and the generation of ROS were also studied.

## Materials and methods

### Materials

Tetrakis-(2-pyridylmethyl)ethylenediamine (TPEN), Newport Green, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), propidium iodide, and MitoSOX (red mitochondrial superoxide indicator) were purchased from Invitrogen (Carlsbad, CA, USA). Pyrithione (1-hydroxy-2-pyridinethione sodium salt), ZnO, 2',7'-dichlorofluorescein diacetate (DCFH-DA), and buffer salts were purchased from Sigma-Aldrich (St Louis, MO, USA).

### Sunscreen solution

Sunscreen from commercial samples (0.5 mL) was dissolved in 20 mL of pure acetone and stirred at 37 °C for 1 h to attain 21 mM ZnO in each sample. The ZnO concentration was determined from a proportion such that 6.86%g ZnO/100 mL of sample approximates 840 mM and 0.5 mL thus equates to 21 mM or 0.2%g ZnO/100 mL sunscreen. From the aqueous stock solution, the sunscreen solutions were diluted further in the following (in mM): 130 NaCl, 5 KCl, 8 MgSO<sub>4</sub>, 1 Na<sub>2</sub>HPO<sub>4</sub>, 25 glucose, 20 HEPES, 1 Na-pyruvate; pH adjusted to 7.4 (1X HEPES medium) to obtain the final concentrations of ZnO (1, 10, and 100 μM) (w/v%) in sunscreen (aqueous), respectively. All sunscreen preparations were stored at room temperature and away from light.

### Fluorescence microscopy

#### UV Radiation

Ultraviolet type B light dosages were chosen such that 100 mJ/cm<sup>2</sup> is equivalent to five minimal erythral dosages (MEDs) and 1000 mJ/cm<sup>2</sup> is equivalent to 50 MEDs for skin type II, respectively.<sup>31</sup> A single UVB wavelength source (8 W, 3 UV<sup>TM</sup> lamp, UVP, Upland, CA, USA) of 302 nm was applied throughout the experiment. The UV light source was suspended above the stage to avoid potential contacts with the recording stage. This arrangement of experimental setup avoided potential artifacts by motion and enabled continuous fluorescence acquisition before and after the irradiation.

#### Intracellular Free $Zn^{2+}$ Measurement

The aqueous sunscreen solutions containing the desired ZnO concentrations in HEPES medium were transferred to 35-mm glass bottom petri dishes and mounted on the stage of a fluorescence microscope prior to UV irradiation. Newport Green (10 μM), a derivative of a metal ion chelator, was added to each petri dish to detect changes in fluorescence. TPEN was then added to the medium to chelate any remaining zinc and confirmed the presence of  $Zn^{2+}$ . Fluorescence was monitored using a customer-designed inverted fluorescence microscope equipped with a mercury lamp light source in addition to a 488/15 nm BP filter for excitation and a 530 nm LP emission filter. Images were processed and analyzed using Image-Pro (Media Cybernetics, Silver Spring, MD, USA) or NIH ImageJ software (NIH, Bethesda, MD, USA).

### HEK culture

Human epidermal keratinocytes cells and growth medium were purchased from Invitrogen (Carlsbad, CA, USA) and seeded into collagen coated 24 well-plates or 35 mm glass bottom petri dishes. For UV irradiation experiments, direct UVB irradiation of cultured HEK cells was employed as follows. Cells grown in 35 mm glass bottom petri dishes were mounted on the stage of a fluorescence microscope with a UV-light source as stated above. UVB intensity in this experimental setup was monitored (average UVB intensity = 7 mW/cm<sup>2</sup>) and UVB exposure times were employed so as to achieve the UVB dosages indicated in the text.

### Viability assays

#### Cytotoxicity (MTT assay)

The MTT assay is based on the production of purple formazan pigment from methyltetrazolium salt by the

mitochondrial enzymes of viable cells, and is sensitive to the function of labile mitochondrial enzymes, which typically lose activity early in the progression towards death. After exposure to the indicated experimental treatments, the viability of HEK cells grown in 24-well plates was analyzed by MTT assay. Cells were rinsed three times with HEPES, equilibrated for 30 min at 37 °C, then were incubated for 4 hours at 37 °C in HEPES containing MTT at a concentration of 1 mg/mL. Following incubation the MTT solution was aspirated, wells were rinsed three times with PBS, and the deposited formazan crystals were solubilized in DMSO. The absorbance of the MTT was measured at 570 nm using a BioMate 3 spectrophotometer (Thermo Scientific, Rochester, NY, USA).

#### *Propidium Iodide (PI) assay*

Propidium iodide is excluded from entering the lipid bilayer because of the molecule's size and charge, but in nonviable cells, the dye freely enters the damaged membrane to bind nucleic acids (DNA and RNA) and yields bright red fluorescence. In this study, PI was used at a final concentration of 10 µg/mL in HEPES medium containing the desired ZnO treatment. PI uptake was monitored using a 543/20 nm BP excitation filter and a 580 nm LP emission filter.

#### ROS detection

Reactive oxygen species/superoxide formation in mitochondria was assessed using MitoSOX (Invitrogen, Carlsbad, CA, USA), which is live-cell permeant and is selectively targeted to the mitochondria. Once in the mitochondria, MitoSOX Red reagent is oxidized by superoxide and exhibits bright red fluorescence on binding to nucleic acids. The intracellular levels of ROS were also measured with DCFH-DA. DCFH-DA is cleaved intracellularly by nonspecific esterases to form DCFH, which is further oxidized by ROS to form the fluorescent compound DCF. In this experiment, HEK cells were treated with ZnO (10 µM) in which the subsequent increase in intracellular Zn<sup>2+</sup> was facilitated by co-application of the Zn<sup>2+</sup> ionophore pyrithione (10 µM). The generation of ROS was then measured with MITOSOX and DCF, respectively, and analyzed using Image Pro software. Furthermore, the addition of H<sub>2</sub>O<sub>2</sub> (1 mM) to the medium acted as a positive control for comparison of ROS generation.

## Results

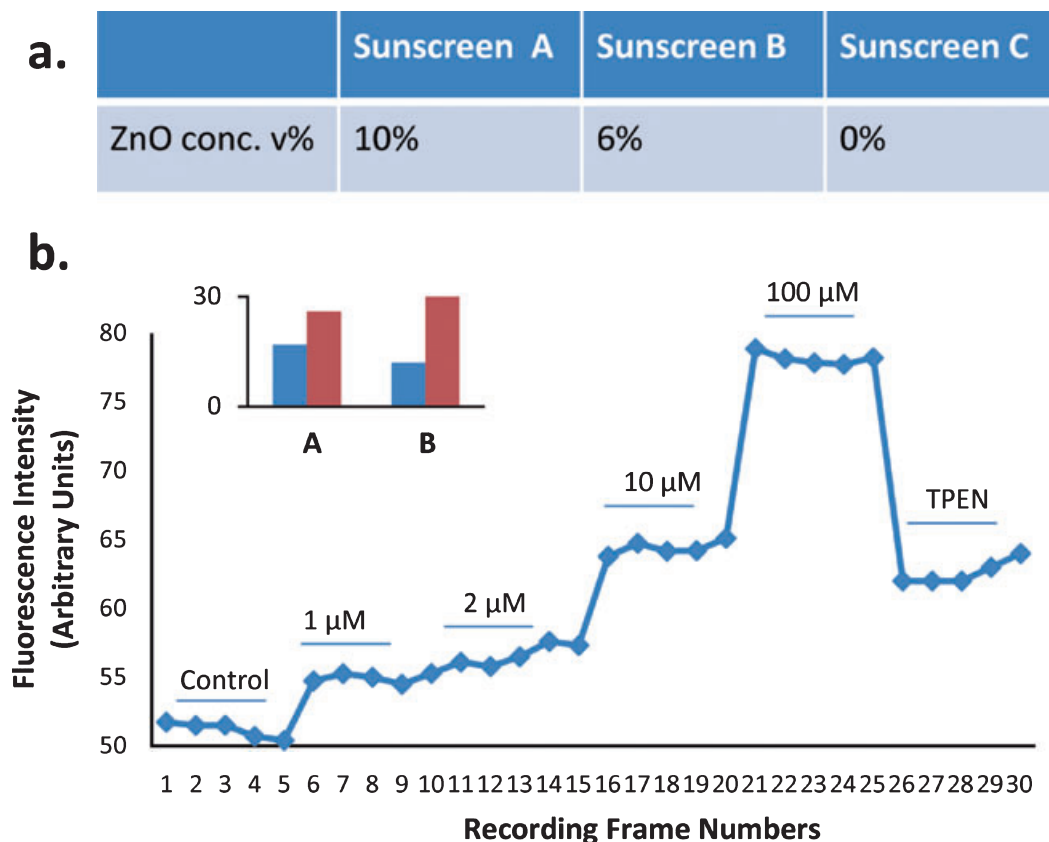
We tested three commercially available sunscreens: Sunscreen A, B, and C. The table in Figure 1a lists the

amount of ZnO in each of the commercial products. Sunscreens A and B contain ZnO, 10% and 6% w/v%, respectively, as an active ingredient to prevent sunburn. Sunscreen A is listed as a sunscreen, B is listed as a skin care lotion, and C is a non-ZnO sunscreen formulation. Sunscreens A and B contain only ZnO UV filters while sunscreen C contains the organic UV filters: padimate O, oxybenzone, and octyl methoxycinnamate. There appears to be a significant amount of free Zn<sup>2+</sup> in sunscreens. When measured with a fluorescent Zn<sup>2+</sup> indicator, the addition of sunscreen induced the concentration-dependent increases in Zn<sup>2+</sup> fluorescence (Fig. 1b,c), suggesting the presence of some basal free Zn<sup>2+</sup> that may be because of Zn<sup>2+</sup> contamination or dissociated Zn<sup>2+</sup> from ZnO sunscreen in its aqueous condition. The amount of basal Zn<sup>2+</sup> is estimated to be <1 µM (see Fig. 3).

#### UVB-induced Zn<sup>2+</sup> releases from ZnO sunscreens

The amount of Zn<sup>2+</sup> released from ZnO sunscreen solutions during UVB irradiation was studied. When measured with a fluorescent Zn<sup>2+</sup> indicator, there were significant increases of Zn<sup>2+</sup> in the sunscreen solutions immediately after the irradiation (Fig. 2a). The increase in zinc induced by UVB irradiation was further confirmed when it was reduced by the addition of the Zn<sup>2+</sup> chelator, TPEN. Increases in Zn<sup>2+</sup> concentration were seen neither in the vehicle control (medium without sunscreen) nor in sunscreen C, the non-ZnO formulation. The amount of Zn<sup>2+</sup> dissociated in the sunscreen solutions was UVB dose-dependent. Longer duration of irradiation (Fig. 2b), as well as stronger intensity of irradiation (Fig. 2c), yielded higher Zn<sup>2+</sup> concentration. The rising UVB-induced Zn<sup>2+</sup> release was also sunscreen concentration-dependent (Fig. 2d). The nonlinearity of Zn<sup>2+</sup> fluorescence observed at the high UVB irradiation suggests the photobleaching of the indicator, which is possibly caused by the fluorescence saturation at greater levels of sunscreen (500 µM) such that the indicator can no longer detect rising Zn<sup>2+</sup> levels.

The approximate concentration of Zn<sup>2+</sup> released from ZnO sunscreen under UVB irradiation was calculated using the following formula:<sup>32</sup>  $[Zn^{2+}] = K_D (F - F_{min}) / (F_{max} - F)$ , where  $F$  is the measured fluorescence intensity.  $F_{min}$  and  $F_{max}$  are fluorescence with no Zn<sup>2+</sup> and saturating Zn<sup>2+</sup>, respectively, and  $K_D$  is the dissociation constant (1 µM for Newport Green).  $F_{min}$  was obtained by the application of Zn<sup>2+</sup> chelator TPEN, and  $F_{max}$  was obtained by the application of 300 µM ZnCl<sub>2</sub> (Fig. 3). We intended to estimate Zn<sup>2+</sup> concentration released for 10 and 100 µM ZnO sunscreens. However,



**Figure 1** Basal free  $Zn^{2+}$  in ZnO sunscreens. (a) Table lists ZnO content in three tested sunscreens. (b) A line graph shows the sunscreen concentration-dependent increases in zinc fluorescence measured with selective fluorescent  $Zn^{2+}$  indicator Newport Green. The applied sunscreen  $Zn^{2+}$  concentrations were 1, 2, 10, and 100  $\mu M$ . Zinc chelator TPEN (10  $\mu M$ ) reduced the zinc fluorescence. *Insert*, a histogram summarizes the increases in zinc fluorescence induced by 10 or 100  $\mu M$  sunscreen zinc in sunscreens A and B ( $n = 5$ ).

the application of 1000  $mJ/cm^2$  irradiation to 100  $\mu M$  ZnO sunscreen solution reached the maximum fluorescence, indicating that the amount of  $Zn^{2+}$  might be outside the range of fluorescence detection by Newport Green. Therefore, it was impossible to calculate the concentration of  $Zn^{2+}$  released from 100  $\mu M$  ZnO sunscreens. The concentration of  $Zn^{2+}$  released from 10  $\mu M$  ZnO sunscreen was estimated to be 2–4  $\mu M$  (Fig. 3c).

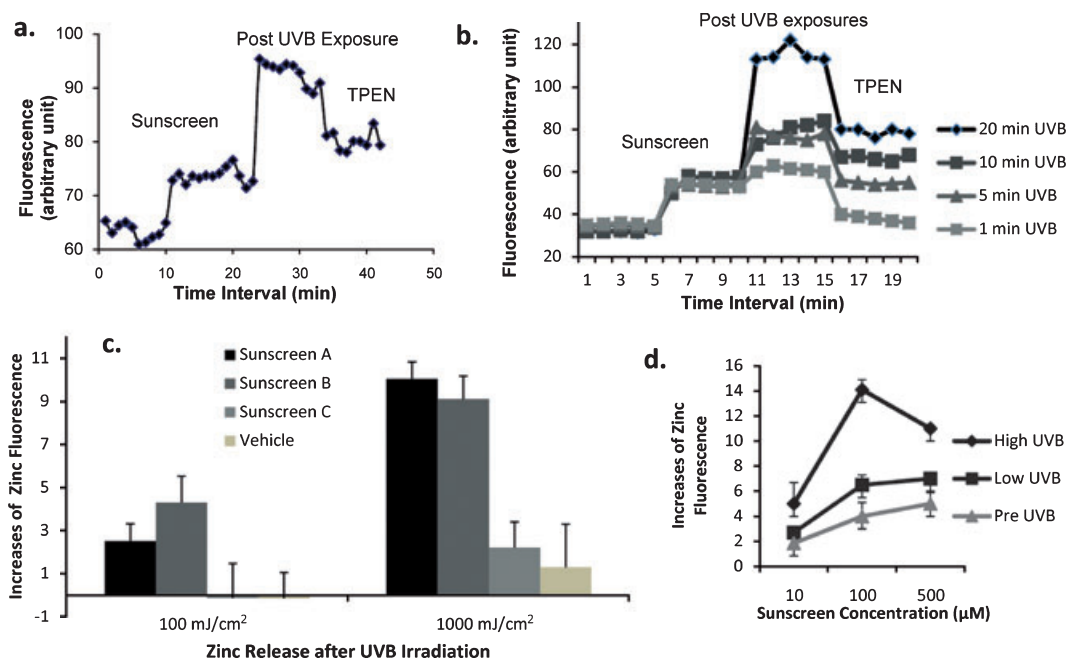
#### Cytotoxicity induced by ZnO (Cytotoxicity of ZnO)

Because the active ingredient in sunscreens is ZnO, we tested HEK viability with an MTT assay in the presence of ZnO. ZnO is minimally soluble in water, and the maximum amount of soluble  $Zn^{2+}$  is 50  $\mu M$  (based on 5 mg/L solubility at 25 °C).<sup>33,34</sup> When HEK were treated for 1 hour with 10  $\mu M$  or 50  $\mu M$  ZnO (not ZnO sunscreen), there was a significant and concentration-dependent reduction in cell viability (Fig. 4a). The

concentrations of ZnO applied are equivalent to the amount of ZnO that are soluble in water. The percentage of MTT reduction at 10  $\mu M$  was 60%, and 80% at 50  $\mu M$ , indicating that rational amounts of soluble ZnO produced marked HEK death. The cytotoxic effect of  $Zn^{2+}$  was completely prevented by the addition of the  $Zn^{2+}$  chelator CaEDTA (Fig. 4b).

#### $Zn^{2+}$ induced oxidative stress

To identify the mechanisms of cell death caused by zinc, we explored whether the application of  $Zn^{2+}$  could induce the generation of hydrogen peroxide ( $H_2O_2$ ) or ROS, both of which make an important contribution to UV-mediated cell death. In this set of experiments, UV irradiation was not applied so that the generation of ROS was attributed to the application of  $Zn^{2+}$  and its subsequent entry into cells. To facilitate  $Zn^{2+}$  entry, the  $Zn^{2+}$  ionophore, Na-pyrithione, was co-applied in the tests. It is noted that transdermal penetration



**Figure 2** Zn<sup>2+</sup> releases from ZnO sunscreen under UVB irradiation. (a) A line graph shows the increase in Zn<sup>2+</sup> in UVB-irradiated ZnO sunscreen (100 μM). Zinc was measured immediately, using fluorescent Zn<sup>2+</sup> indicator Newport Green, after the irradiation. The addition of Zn<sup>2+</sup> chelator TPEN (10 μM) reduced the level of Zn<sup>2+</sup> concentration. (b) Line graphs show UVB dose (irradiation duration)-dependent zinc increase. The test was carried out similar to A but with the irradiation duration ranges of 1, 5, 10, and 20 min. (c) Histograms summarize the UVB-induced Zn<sup>2+</sup> releases in sunscreen A, B, C, and vehicle (medium without sunscreen) in low (100 mJ/cm<sup>2</sup>) or high (1000 mJ/cm<sup>2</sup>) UVB irradiation. (d) Line graphs show the sunscreen dose-dependent increase in Zn after UVB irradiation (1000 mJ/cm<sup>2</sup>).

enhancers such as HPE-101 (1-[2-(decylthio)ethyl]aza-cyclopentan-2-one) are commonly found in skin care products. In response to the application of Zn<sup>2+</sup>, the rate of oxidant or ROS generation, detected by MitoSOX or DCF, respectively, increased immediately (Fig. 4c,d).

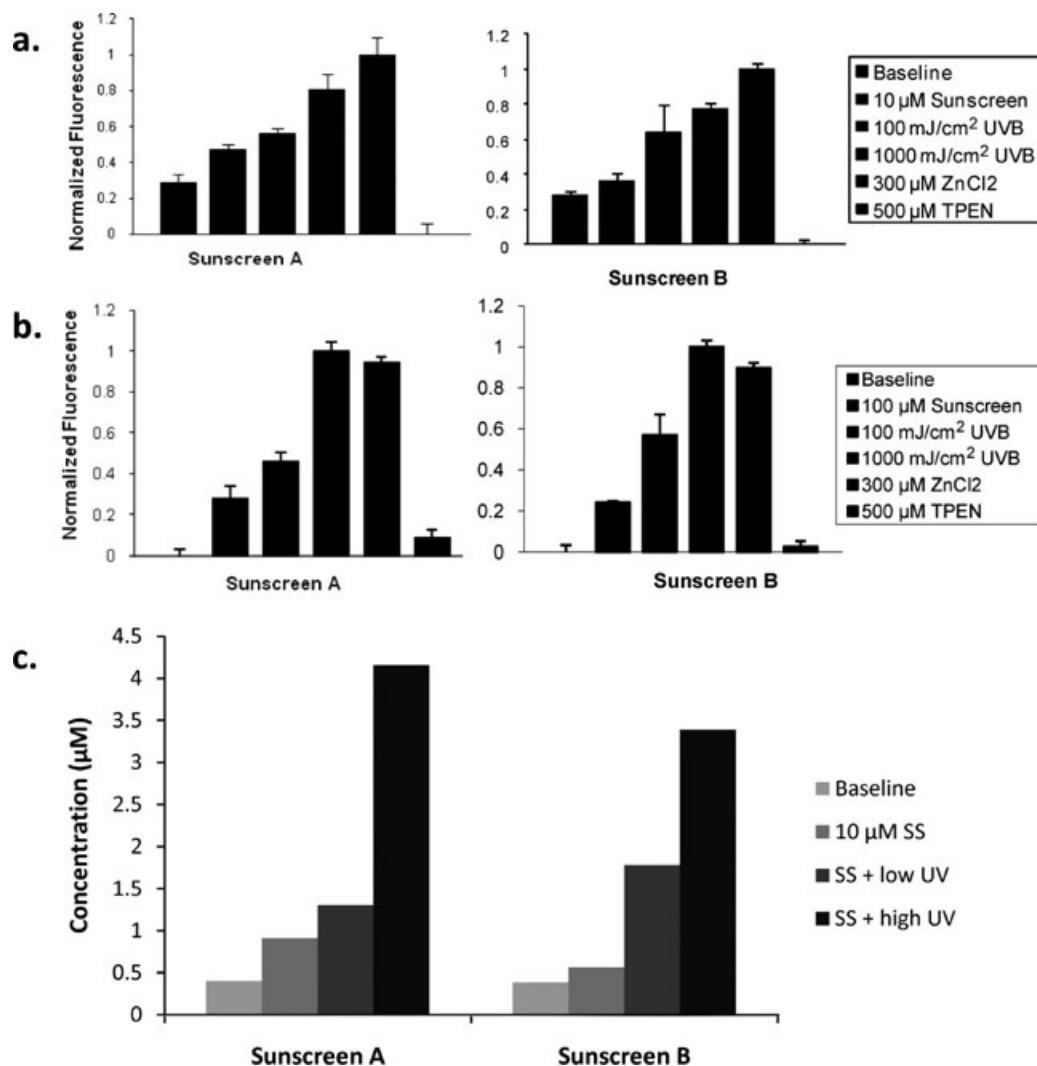
#### Late cytotoxic effect of ZnO sunscreen and alleviation (reduction) by Zn<sup>2+</sup> chelator

The possibility of a delayed or late cytotoxic effect of Zn<sup>2+</sup> released from sunscreen after UVB irradiation on skin cells was investigated with HEK while the cells were co-cultured with ZnO sunscreen. Cytotoxicity was tested with a PI assay to attain essentially a real-time measurement of the percentage of dead cells in this experiment. The culture medium containing ZnO sunscreen (1 mM) was irradiated with UVB. As we did not intend to irradiate HEK directly, the sunscreen medium was irradiated separately. This medium then replaced the medium in HEK. The final concentration was somewhat less than 1 mM (≈500 μM) because of the inability to air dry the cells. After transferring Zn<sup>2+</sup> sunscreen solution to the cell cultures dishes, the PI staining or PI-positive cells were measured continuously

under fluorescent microscopy every half hour (30 min) for 5 h. The cells were then lysed with Triton X-100 to obtain the total cell counts in each of the cultures. There was no increase in PI staining over time in the control. Figure 5 shows cellular viability over time. In cell cultures treated with ZnO sunscreen, there were significant increases in PI positive-staining cells or dead cells; however, the marked increase did not result until several hours after applying the ZnO sunscreen solution (Fig. 5). Compared to cells treated with the sunscreen media alone, the marked increases in dead cells were observed significantly sooner (2 h) and higher (60%) when HEK were treated with UVB-irradiated sunscreens.

Because UVB exposures resulted in increased levels of free zinc released from ZnO sunscreen and ZnO exerted cytotoxicity as shown above, we wished to determine whether this cytotoxic effect of the sunscreens was involved with intracellular Zn<sup>2+</sup>. We utilized the Zn<sup>2+</sup> chelator CaEDTA (1 mM) and mixed it along with the ZnO sunscreen solution. The administration of Zn<sup>2+</sup> chelator to ZnO sunscreen significantly reduced HEK death compared to cell death in the sunscreen-only HEK group (Fig. 6).



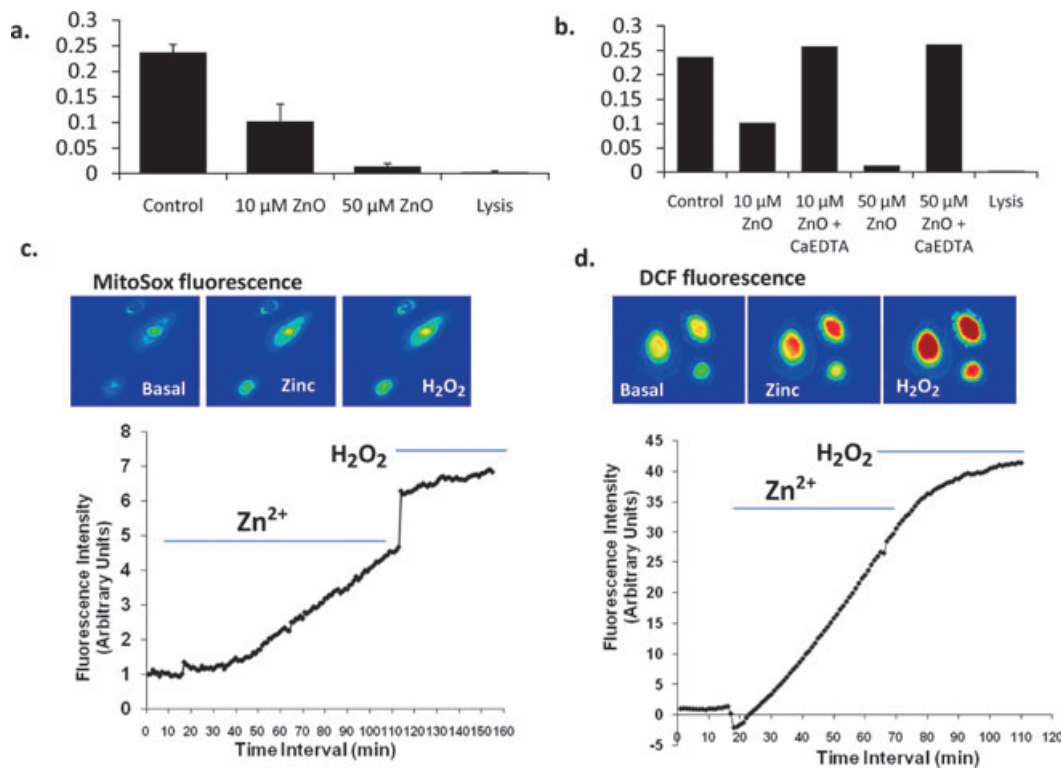


**Figure 3**  $\text{Zn}^{2+}$  concentration measured with fluorescent  $\text{Zn}^{2+}$  indicator, Newport Green, after UVB irradiation. (a, b) The change of zinc fluorescence as measured in the following sequences: control, the addition of sunscreen (10 or 100  $\mu\text{M}$ ), low (100  $\text{mJ}/\text{cm}^2$ ) and high (1000  $\text{mJ}/\text{cm}^2$ ) UVB irradiations, the addition of 300  $\mu\text{M}$   $\text{ZnCl}_2$ , and the addition of 500  $\mu\text{M}$  TPEN. The changes of fluorescence were normalized to ( $F_{\text{max}} - F_{\text{min}}$ ). Histograms in a show the fluorescence in 10  $\mu\text{M}$  ZnO sunscreens, where  $F_{\text{max}}$  is by 300  $\mu\text{M}$   $\text{ZnCl}_2$ , and  $F_{\text{min}}$  is by 500  $\mu\text{M}$  TPEN. The application was applied to 100  $\mu\text{M}$  ZnO sunscreen in histogram b. The addition of TPEN did not quench  $\text{Zn}^{2+}$  fluorescence completely in b. (c) Concentrations of  $\text{Zn}^{2+}$  in 10  $\mu\text{M}$  ZnO sunscreens (Sunscreen A and Sunscreen B) after UVB irradiation. SS, sunscreen.

## Discussion

The major finding in this study suggests that UVB irradiation produces an increase in  $\text{Zn}^{2+}$  dissociation in ZnO sunscreen and, consequently, the accumulation of free or labile  $\text{Zn}^{2+}$  in sunscreen causes late cytotoxicity and oxidative stress. There is a noticeable amount of basal  $\text{Zn}^{2+}$  in the sunscreen mixture. Specifically, we observed a significant increase in  $\text{Zn}^{2+}$  concentration when ZnO sunscreens were irradiated by UVB light. Increases in  $\text{Zn}^{2+}$  were not seen in the vehicle control

and non-ZnO sunscreen formulation. The increases were dependent on UVB irradiation intensity and exposure time. While ZnO significantly reduced the viability of HEK, we observed that ZnO sunscreens, after UVB irradiation, caused late cytotoxicity of HEK. There were  $\text{Zn}^{2+}$ -induced cytosol and mitochondrial ROS formation in HEK culture. Taken together, our data suggest that  $\text{Zn}^{2+}$  dissociation in ZnO products, even at low concentration, possesses a cytotoxic potential in HEK, which may be mediated through oxidative stress.

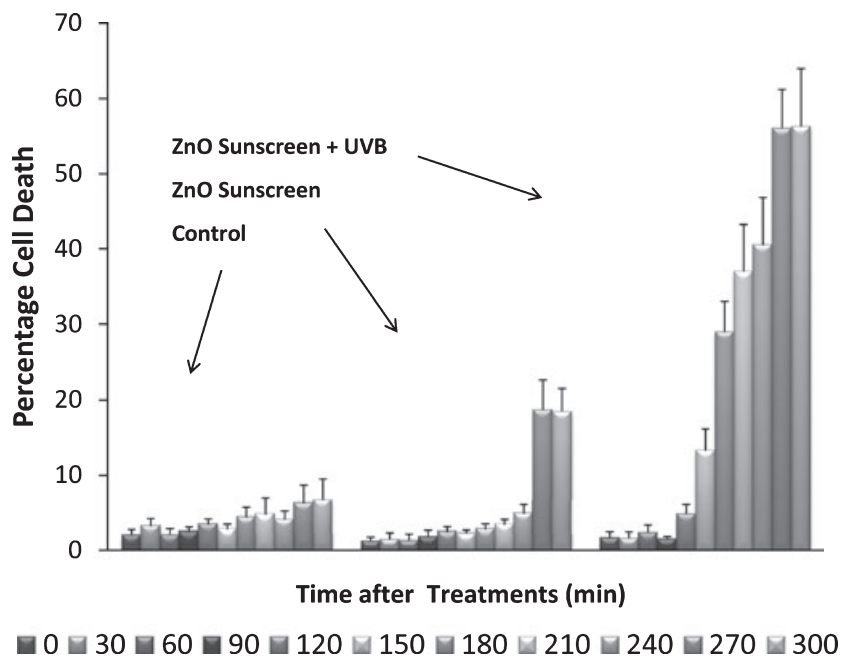


**Figure 4** Reduction in human epidermal keratinocytes (HEK) viability and oxidant formation in HEK by Zn<sup>2+</sup> application. (a) The histogram shows MTT reduction after ZnO exposure (10 or 50 μM) for 1 h in MTT assay. (b) The histogram shows that Zn<sup>2+</sup> chelator, CaEDTA (1 mM), prevented HEK from the toxic effect of ZnO measured in MTT assay. Values are means ± SEM *n* = 3 or 4. ZnO was dissolved in HEPES (1X); therefore, controls were HEPE (1X). Total cell death was induced by lysis with 1% (v/v) Triton X-100, as a negative control. (c) A line graph and fluorescent images show the increases in mitochondrial superoxide/reactive oxygen species (ROS) detected by MitoSOX in the presence of ZnO (10 μM) and its ionophore pyrithione (10 μM). (d) A line graph and images show the increase in intracellular ROS production detected by DCF fluorescence in the presence of ZnO (10 μM) and its ionophore pyrithione (10 μM). The ROS productions produced by the application of H<sub>2</sub>O<sub>2</sub> provided positive controls in both measurements.

ZnO is a major ingredient in cosmetics and sunscreens.<sup>35</sup> The maximum allowable concentration of ZnO sunscreen is 25%,<sup>5</sup> although the commercial sunscreen of the highest ZnO content we found is 10% (Sunscreen A in this study). The basal Zn<sup>2+</sup> concentration (Fig. 1) may be the result of spontaneous ZnO decomposition or a contamination Zn<sup>2+</sup> source during preparation of the sunscreen. The stability of ZnO can be affected by factors such as aqueous environment, pH, or hydroxyl radicals, and there are concerns about the instability of ZnO particles in aqueous solution.<sup>30,36,37</sup> In recent years, nano-ZnO is widely applied in cosmetics including sunscreens. When nano-ZnO is immersed in water, the solubility may be affected by the increased surface of nano-ZnO in equilibrium with Zn<sup>2+</sup> dissociation.<sup>15</sup> The solubility of those nanoparticles strongly influenced their cytotoxicity.<sup>9,38,39</sup>

To the best of our knowledge, Zn<sup>2+</sup> dissociation in ZnO sunscreen solution has not been reported. When ZnO

sunscreen solution was irradiated with UVB, we observed significant increases in Zn<sup>2+</sup> concentration, which were dependent on exposure time and dose (Fig. 2). In the tested sunscreen solution, the amount of Zn<sup>2+</sup> dissociated under strong (1000 mJ/cm<sup>2</sup>) UV irradiation is about 1/3 of the total ZnO sunscreen (10 μM) (Fig. 3). How much Zn<sup>2+</sup> actually becomes available in higher concentrations of ZnO sunscreen application (e.g. 100 μM) remains to be determined, because the increase in fluorescence intensity after UV irradiation was outside the range of detection. Generally, a fluorescent indicator can measure concentrations of its target up to 1 order of its *K<sub>D</sub>*. The *K<sub>D</sub>* of Newport Green for Zn<sup>2+</sup> is about 1–3 μM.<sup>40</sup> It has been shown that under UV irradiation the concentration of Zn<sup>2+</sup> ions in aqueous condition resulting from the ZnO photodecomposition increases with increasing dose of irradiation.<sup>30</sup> The results of the present study demonstrate a substantial amount of Zn<sup>2+</sup> dissociation from ZnO sunscreen under UV irradiation.



**Figure 5** Real-time analysis of dead cells (human epidermal keratinocytes [HEK]) treated with ZnO sunscreen using propidium iodide assay. The histogram shows the percentage of HEK death in three conditions: vehicle control, ZnO sunscreen without pre-UVB irradiation, and ZnO sunscreen with pre-UVB irradiation. The % is calculated to the maximum number of dead cells counted after lysis by triton X-100. The samples were measured every 30 min.

Therefore, it is reasonable to speculate that UV irradiation facilitates ZnO photodecomposition or photoreaction throughout the duration of sunscreen use. In addition, it is important to note that using a single-wavelength source of 302 nm may have impacted the level of  $Zn^{2+}$  release seen in the present study. Future studies should incorporate the use of multiple wavelengths that reflect the wide range of UV rays sunscreen users are exposed to on a daily basis to accurately reflect free  $Zn^{2+}$  release.

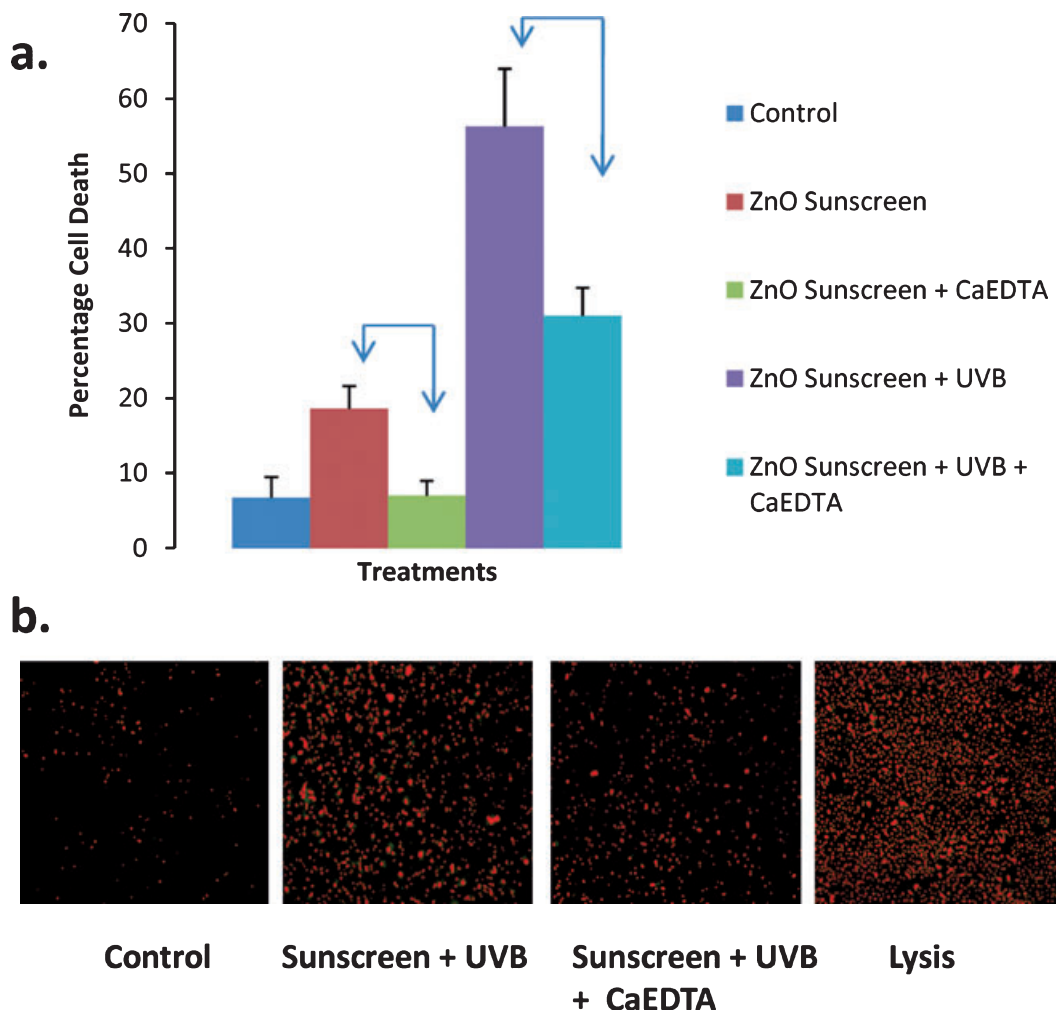
The cytotoxic effect of  $Zn^{2+}$  observed in this study is consistent with many studies that show ZnO exerts a cytotoxic effect and induces cell apoptosis in a variety of cell types.<sup>9–16</sup> Although a considerably low concentration of ZnO was applied, the addition of ZnO produced significant cytotoxic effects. The addition of 10  $\mu M$  (or 0.81 mg/L) and 50  $\mu M$  (or 4.05 mg/L) ZnO produced 30% and 80% HEK death, respectively, in the MTT assay. The toxicological properties of ZnO are determined by its water solubility and persistence.<sup>39,41,42</sup>

Treatment of HEK with ZnO sunscreen also caused cytotoxicity and cell death. However, significant increases in cell death did not occur until several hours after application of sunscreen treatments in a real-time cytotoxicity assay (Fig. 5), indicating a late cytotoxic

effect of ZnO sunscreen application. This is consistent with the common warning that prolonged application of sunscreen may actually cause injury to the skin.<sup>6</sup> Significantly, the UVB-irradiated sunscreen induced a much earlier and significantly more (60%) cell death compared to the amount of cell death induced by the same sunscreen preparation without the presence of UV irradiation (Figs 5 and 6). Furthermore, we show that the  $Zn^{2+}$  chelator, CaEDTA, completely reversed the cytotoxic action of ZnO and significantly reduced the cytotoxic effect of UV-irradiated ZnO sunscreen (Figs 4b and 6).

The application of  $Zn^{2+}$  on HEK cultures resulted in the formation of ROS (Fig. 4c,d), suggesting the attribution of oxidative stress to the cytotoxicity of  $Zn^{2+}$  observed in this study. The mechanism of ZnO-induced cytotoxicity involves the production of ROS contributing to the apoptotic effect of  $Zn^{2+}$ .<sup>43–48</sup> Several studies recently suggest that  $Zn^{2+}$  induces neuronal death by injury to the mitochondria.<sup>49–53</sup> Thus,  $Zn^{2+}$  may lead to uncoupling of oxidative phosphorylation and accumulation of ROS in the mitochondria. The interaction between  $Zn^{2+}$  and some of the downstream signaling molecules such as 12-LOX, ERK1/2, or p38 MAPK was reported recently.<sup>54</sup> A recent study suggests that acute exposure of ZnO significantly upregulates mRNA levels





**Figure 6** Zinc chelation reduces ZnO sunscreen-induced human epidermal keratinocytes (HEK) death. (a) The histogram shows the percentage of cell death measured with propidium iodide assay in HEK cultures under the following treatments for 5 h: vehicle control, ZnO sunscreen (1 mM), ZnO sunscreen + CaEDTA (1 mM), Zn chelator, UVB-irradiated ZnO sunscreen, UVB-irradiated ZnO sunscreen + CaEDTA. Data are mean ± SE. Insert brackets indicate significant difference  $P \geq 0.05$ . (b) The representative fluorescent images taken in the following treatments: control, UVB-irradiated ZnO sunscreen, UVB-irradiated ZnO sunscreen + CaEDTA, and lysis with triton X-100.

of inflammatory markers: Interleukin-8 (IL-8), intracellular cell adhesion molecule-1 (ICAM-1), and monocyte chemoattractant protein-1 (MCP).<sup>55</sup>

Sunscreens (including those tested in this study) are commonly used products that take advantage of nanotechnology through the incorporation of metal oxides. There is still significant lack of toxicological data for nano-ZnO.<sup>17</sup> Because of the extremely small size of the nanoparticles being used, there is a concern that they may be able to cross cellular membranes and interact directly with macromolecules such as DNA.<sup>12,17,56</sup> A late cytotoxic action of ZnO sunscreen in skin, as suggested in the present study, may be associated with

adverse effects when sunscreen users increase time spent in the sun.<sup>6,56,57</sup> The small quantity of  $Zn^{2+}$  that accumulates in the space between the sunscreen film and skin may be enough to cause detrimental action and may pose long-term health risks over time. Further studies are needed to understand the exact mechanism behind ZnO-induced cytotoxicity in sunscreen and to examine the effect of  $Zn^{2+}$  in a human skin model *in vivo*.

### Conflict of Interest

The authors state no conflict of interest.

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